



SHE-RA INTERNATIONAL WOMEN'S DAY DISCUSSION GUIDE

1. CONVERSATION STARTERS

Give context for the topics at hand: International Women's Day and Balance.

- Raise your hand if you know that today is International Women's Day. Do you know what this day is all about?
- What does the word balance mean to you?

2. WATCH

- Watch the She-Ra International Women's Day video together.

3. DISCUSS

Facilitate a conversation to challenge stereotypes and reinforce female strengths by asking students these questions:

- What does strength mean to you? What do you think makes a woman/girl strong?
- Is there an area in life where you feel women should be more present?
- How can we strive for a better balance?
- Who are some women you look up to?

4. REINFORCE

Invite students to reinforce their learning about female equality through some of the following activities:

- Draw a picture of a female (like She-Ra) who you look up to
- Make a list of positive words to describe girls or women
- Write a story with a main character that is female
- Tell at least 10 female students what you think their superpower is



International Women's Day